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## Abstract

A shoe donning device is provided comprising a generally U shaped body 20, having an external portion 22 and an internal portion 24 extending downwardly from a top portion 26. The external portion having a top region, and spaced from said internal region for preventing said body from migrating forwardly from the rear of the shoe. The internal portion has an internal top region, and an internal bottom region which has at least one upwardly extending slot 50 cut in its rear region. Two side extensions extend forwardly from the rear portion and have grip enhancers to provide positive engagement between the shoe and the device. Each of the side extensions has a finger grips coupled to its upper side. The rear portion of the internal region is forwardly biased. The device is made of resilient, smooth, semi rigid material, such as molded plastic.